



COMMUNITY  
HEALTH  
*Care*

MEDICAL • DENTAL • PHARMACY

**ANNUAL REPORT 2023**



## MESSAGE FROM THE PRESIDENT AND CHAIR

There is so much to look forward to in 2024. The Puyallup Health Center will open our third School-Based Health Center will open at Bethel High School. Also, the hard work of the Board, staff and Management Team has led us to regain lost ground. In 2019, the year before the pandemic, we served 49,032 patients. In 2020 the number of patients declined to 45,385 then in 2021 it climbed to 46,337 and in 2022 it climbed to 46,992. In 2023 the number of patients served was 49,824, the greatest number of patients we have ever served. With the opening of the two previously mentioned health centers, we expect to serve over 50,000 patients in 2024 and over 60,000 in 2025! Back in 1987, Community Health Care changed from being a Health Department program under Model Cities Funding to a stand-alone, 501c(3) non-profit organization under Federal Health Center Funding. In 1987, our first year as a health center, we served 11,617 patients. Since then we have had a 328% increase in patients served. That, in our opinion, is a great return to the community for the funding they have invested in Community Health Care through gifts to support the Patient Care Fund and to build new health centers.

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Building health centers in other areas of the county is necessary to meet the needs of those that live and work in the unincorporated areas and small towns like Puyallup. As people move into Pierce County due to the cost of housing being cheaper, they are bringing with them needs for safety net services. However, the majority of safety net services are located in Tacoma and Lakewood. The small towns and unincorporated areas often struggle to meet their needs. As a result, Community Health Care is now focused on taking care to where these individuals are.

Another exciting thing for 2024 is the 10-year anniversary of the Family Medicine Residency. A total of 41 physicians have graduated from the program. Some of these physicians continue to work for Community Health Care and others have gone on to partner agencies near and far. Studies have shown that most residents stay in the area of where they did their residency. This program is an enormous benefit for both Community Health Care and Pierce County.

On behalf of the Board and Management Team, thank you for your support and commitment to Community Health Care.



Marco Viniegra, Board Chair



David Flentge, President & CEO

## ACCOMPLISHMENTS 2023

- **Four school health fairs** in 3 different school districts, offering free sports physicals
- Opened our **2nd school-based clinic** in the Bethel School District at Graham-Kapowsin High School
- Celebrated the **10 year anniversaries** of both our ARNP residency and dental residency programs
- **Attended 56 community events**, distributing literature and answering questions about Community Health Care
- Opened the **Key Medical Center Pharmacy**

## GOALS 2024

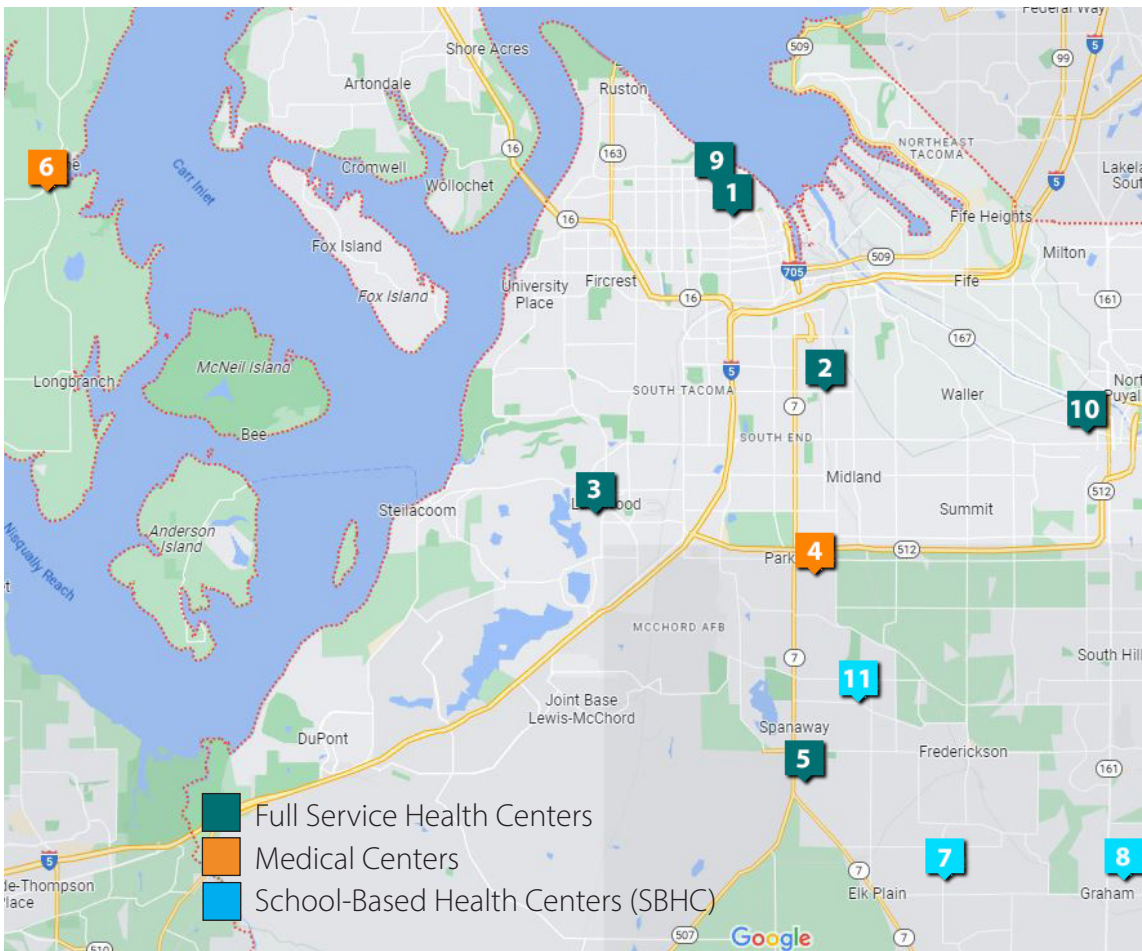
- Open new full-service health center in downtown **Puyallup**
- Open our **3rd school-based clinic** in the Bethel School District. This one will be located at Spanaway Middle School
- Celebrating the **10 year anniversary** of our medical residency program
- **Grand opening** of our clinic space at Comprehensive Life Resources
- To continue providing **free sports physicals** at local schools

## FACTS AND FIGURES 2023

- **49,824** patients served
  - **172,969** patient visits
  - **6% increase** of patients over last year
  - **144,507** prescriptions filled - an **8% increase** over last year
  - **528** babies delivered in 2023
  - **9,555** patients (19.2% of patients) were served in a language other than English
  - **24,747** patients screened for HIV
  - Total of **10,629** telehealth visits across all our services
- **5076** patients tested for cervical cancer
  - Facilitated **1,651** mammograms
  - Performed **242** dental sealants on children 6-9 years of age
  - **9,517** patients provided counseling for smoking cessation



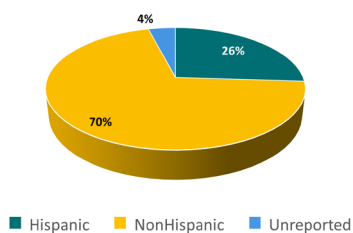
Representative Kim Shrier and  
Assistant Operations Manager Audria Cordova



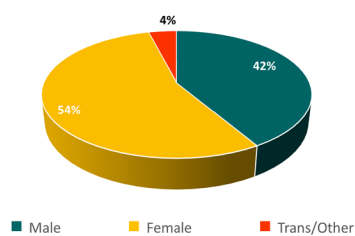
1. Hilltop Regional Health Center
  2. Kimi & George Tanbara, MD Health Center
  3. Lakewood Health Center
  4. Parkland Medical Center
  5. Spanaway Health Center
  6. Key Medical Center
  7. SBHC at Bethel MS
  8. SBHC at Graham-Kapowsin HS
  9. Health Center at Comprehensive Life Resources
  10. Puyallup Health Center\*
  11. SBHC at Spanaway MS\*
- \*Opening soon

## PATIENT DEMOGRAPHICS

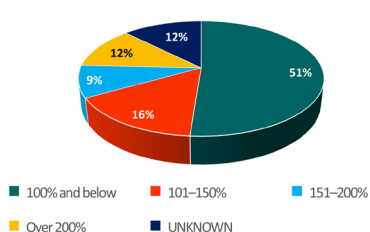
PATIENTS BY ETHNICITY



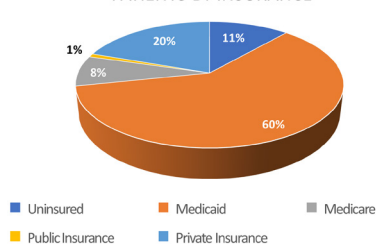
PATIENTS BY GENDER



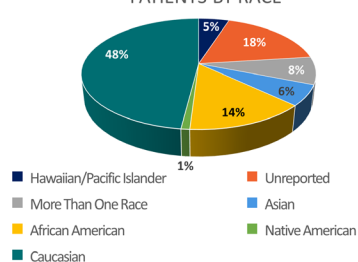
PATIENTS BY INCOME



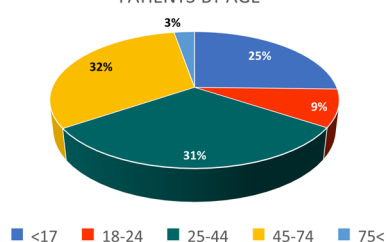
PATIENTS BY INSURANCE



PATIENTS BY RACE



PATIENTS BY AGE



## Operating Expenses by Program

**Medical** - \$35,131,713  
**Dental** - \$13,044,378  
**Pharmacy** - \$12,146,123  
**Other Programs** - \$2,996,319  
**Administration/Fundraising** - \$11,191,914

## Operating Revenue by Source

**Patient Fees** - \$75,421,184  
**Government Grants** - \$10,600,510  
**Non-Gov't Grants, Donations, and Miscellaneous** - \$779,698

Data from fiscal year audit  
June 1, 2022 through May 31, 2023



# RESIDENTS

## Medical Year One

Eric Benca, DO  
Ryne Deyoe, DO  
Keshava Gali, MD  
Robert Grove, DO  
Kristen Hill, DO  
Samanth Ketha, DO  
Cameron Mitchell, DO



## Medical Year Two

Eloy Alibin, MD  
Kathryn Annand, MD  
Nicole Delos Santos, MD  
Naomi Epstein, MD  
Andrea Lynde, DO  
Sylvia Otto, DO  
Laura Whitehill, MD



**Community Health Care** is focused on bringing along the **next generation** of healthcare providers. We do this by **providing residencies** in several disciplines.

### Medical

Community Health Care's family physician residency program, which launched in 2014, is affiliated with the University of Washington Family Medicine Residency Network. We are dually accredited for osteopathic (DO) and allopathic (MD) residents.

### Dental

Community Health Care partners with the New York University Medical Center's (NYUMC) AEGD program. NYUMC's goal is to ensure access and equity in oral health care for all under-served communities. Residents will conduct roughly 1,500 patient procedures during the training year.

### ARNP

This is a 1-year training program. This intensive program's goal is to train and retain highly effective, competent, and autonomous outpatient primary care nurse practitioners in the federally qualified health center (FQHC) setting.

## Medical Year Three

Sonya Chen, MD  
David Greco, MD  
Henry Marshall, MD  
James Pecsok, MD  
Karl Riecken, DO  
Jessica Skelton, DO



## ARNP

Tamera Anthony, MSN, ARNP, FNP-BC  
Tatyana Bernik, MSN, ARNP, FNP-C



## Dental

Stephen Kaufman, DMD



# COMMUNITY HEALTH CARE NAMED ENDOWMENT FUNDS

An endowment gift to **Community Health Care** today provides a brighter picture for our future and improving health care in Pierce county. Endowment donations are invested. A portion of the annual income from the investment is used to support the purpose of each endowed fund.

The **Kimi & George Tanbara, MD Endowment Fund for Patient Care** was established in 2018. This fund honors their extraordinary concern for our community, and their willingness to support health care for the less fortunate members of our society.

The **Doug Swanberg Endowment Fund** was created after the passing of Doug Swanberg in 2021. Doug served on the board of Community Health Care for 25 years. Doug demonstrated living a life in service to others and his compassion for our community is truly inspiring. This fund celebrates his legacy and continues our commitment to providing the highest quality healthcare for all.

While a donation of any size is encouraged, a named fund is established with a \$25,000 - or more - commitment, paid over time or through an estate gift. A fund in honor or in memory of a community member or loved one can be designated to offset the cost of patient care or to support a specific project or program and ensures that these funds will continue in perpetuity.

## KEYSTONE \$100,000 - \$399,000

Anonymous

## GUARDIAN \$50,000 - \$90,999

Dorothy Swanberg^

David Flentge & Linda Stern^+

## AMBASSADOR \$10,000 - \$24,999

Kirk & Janie Starr

## FOUNDER \$5,000 - \$9,999

Anonymous

James Walton

## UNDERWRITER \$2,500 - \$4,999

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Corey & Jeri Hatfield

David Hunter

Gary & Shirley Kawasaki

Paul & Linda Ried

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Lynn & Kathy Sommers

Callie & Robbin Gard

Ann Kawasaki-Romero & Rocco Romero

Gayle Matthews & Irene Grias

Gary Reichard

Claude Remy & Claire Spain-Remy

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Peter & Andrea Shelley

Paul Sherman

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The Bamford Foundation

Tonia & Larry Campbell

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Pediatrics Northwest

Roger Simms

Chris Templeton & Brenna Brandsma

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Aarika Anderson Elter

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Joshua Krebsbach

Glenn Rollins

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Susan Adams-Provost

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Catherine Bordeaux

Richard & Nelwyn Brady

Mike Brandstetter

Gregory Briggs

David Bugher

John Caulfield

Darcy Celletti

Connie Clark

Doug Gahlgren & Milana McLead

Dorothy Dedrick

Sandra Eliason

Robert Ettlinger

Kathleen Figetakis

Victoria Gernon

Martin Goldsmith

Karen Goon & Stephen Shelton

Lori Harnick

Richard & Sonya Hawkins

Carrie Holden

Karen Holdner

Steven Jarvis

Nancy Jones

Peter Kram

Daniel Krebs & Sandra Spadoni

Imka Lavinder

Gretchen Leanderson

Joyce Loveday

Juel Lugo & Clay Krauss

Sandy Mazzei

Pat McCarthy

Janice Oldenburg & Steve Wells

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Julia Peterson

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Ellie Wilson

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Yuni Medlin

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Anonymous

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Cindan Gizzi

Pamm Silver

Kelli Stone

Anonymous

Rosa Johnson

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Sheila Mirafflor

Dareth Pak

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Brendan Nelson

David Rafferty

## 2023 FRIENDS OF COMMUNITY HEALTH CARE THANK YOU FOR SUPPORTING OUR PATIENTS AND PROJECTS

### CORPORATE SPONSORS

#### FOUNDERS \$5000+

American Cancer Society

Bruce W. Gilpin Memorial Foundation

Independent Charitable Gift Fund

Kaiser Permanente National Community Benefit Fund

KeyBank Foundation

King County

Miller Hayashi Architects PLLC

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Tacoma-Pierce County Health Department

The Bamford Foundation

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Virginia Mason Franciscan Health

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Wellpoint

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Community Health Plan of Washington

Coordinated Care

Elevate Health

Host Hospitality

Laird Norton Family Foundation

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Molina Healthcare of WA

MultiCare Health System

New York Life

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Pediatrics Northwest

Pierce County Dental Foundation

Pierce County Medical Society Foundation

Rock Project Management Services, L.L.C.

US Bank

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Commencement Bank

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Hilltop Action Coalition  
Milgard School of Business  
Pierce County AIDS Foundation  
Rainbow Center  
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Sir Speedy Printing  
Tacoma Community House  
TCB Promotions  
Tres West Engineers, Inc.  
Vanir Construction Management, Inc.

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Wells Fargo Community Support Campaign

#### **SUSTAINERS \$100-\$249**

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Fred Meyer Community Rewards/Kroger  
Greater Tacoma Community Foundation  
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Nordstrom  
Puyallup Main Street Association

#### **FRIENDS \$1-\$99**

Graham-Kapowsin Community Council

#### **INDIVIDUAL SPONSORS**

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Ruth Wright  
Betty Young  
Joel and Mandy Zylstra

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Ardys Scott  
Pamm Silver  
Kyra Skurtu  
Jo Anne Slaybaugh  
Lucas Springstead  
Michael Swenson  
Tara Turner  
Annie Tustison  
Nancy Walker  
Robert and Jeri Ward  
Jody Westing  
Rebecca Williamson  
Jordan Wright



Consruction site - our future Puyallup location!



## PATIENTS TELL THEIR STORIES...

### HOW COMMUNITY HEALTH CARE HAS MADE AN IMPACT ON THEIR LIVES

**Anonymous** - I am an uninsured patient who was turned away by my previous doctor because of my lack of coverage. I was referred to **Community Health Care** and it has turned out to be the **best thing that could happen to me**.

I am a diabetic and only able to do odd jobs from time to time for income. **The staff and doctors have provided me with the care I need to control my diabetes** and the **Pharmacy Assistance program** has allowed me to get the medications I need to continue to control my disease.

I am convinced I would not be alive today if it hadn't been for the care I received through Community Health Care. I will be forever grateful for the **dedication to patients** I experience from this organization.



**Anonymous** - A patient visited our dental clinic and shared that he had **never been to a dentist** before. He was 22 years old and recently immigrated to the United States from South Africa. He did not have insurance, but **qualified for the sliding fee scale** and paid the minimum for his care.

His dental condition was so neglected, it took four visits to clean the plaque off his teeth. The Dental Hygienist instructed him in standard oral hygiene practices of flossing and brushing. **He was given samples of dental care products**. He thanked the staff profusely.

Three days later, he returned with a thank you note, a prayer card, and hugs for the staff! He shared that he was so **appreciative of how they had been patient, kind, and given him instruction** for taking care of his teeth in the future.

**James** woke up with a headache. It was the worst headache he ever had. He suffered with it for two days until he could not stand up. Then he went to the hospital and found out his headache was caused by a stroke. What followed were several weeks of hospitalization and rehabilitation to regain his health.

James was unemployed but he had insurance. He is a Community Health Care patient and was **recently enrolled in insurance with the help of Patient Navigator** at our Hilltop Regional Health Center. James confided that if he was still uninsured he would have just stayed home in bed and not gone to the hospital due to the cost. This could have led to long-term health consequences that would have been devastating to James' ability to find work or be involved with his family.

Studies have shown that uninsured individuals delay care until it becomes a major health issue. This drives up the cost of care for the community and leads to poor health outcomes for individuals. **Medical bills are one of the leading causes of bankruptcy**.



James worried how he and his wife Naomi would have handled thousands of dollars in medical bills if he were uninsured. He also worried about the impact it would have on his retirement plans and his daughter Naomi's dream to go to college. **Thanks to his ability to obtain insurance and the care provided by Community Health Care he didn't have to worry** about these things and was able to focus on his health and family.