

Fostering Well-Being

The Aging and Long-Term Support Administration (AL TSA) Fostering Well-Being team (FWB) provides expert medical consultation to Department of Children Youth and Families (DCYF) social workers. FWB program staff ensure appropriate healthcare and coordination of health care services that meet the goals of DCYF. Social workers and caregivers can access competent information about the interests and needs of children they refer to the program.

FWB's primary focus is care coordination for the Apple Health (fee-for-service Medicaid) population. These children include the following population:

- Tribal-affiliated or in tribal custody and have not opted to enroll in managed care organization (MCO) due to being American Indian/Alaska Native, or
- Non-Citizen, or
- Existing enrolled clients (prior to April 1, 2016) in the Health Care Authority (HCA), Medically Intensive Children's Program (MICP)

The Fostering Well-Being team functions in four main areas:

Consultation

FWB collaborates with DCYF, Health Care Authority (HCA), Tribal governments and multiple cross agencies and managed care organizations (MCO).

- Provides program and clinical consultation for DCYF staff. FWB has expert knowledge and understanding of the wrap-around services available for children/youth in out-of-home placement. FWB ensures the information they provide to social workers, case managers, caregivers, and medical/ behavioral health providers is valuable in identifying the needs and potential gaps in care for children/youth in out-of-home placement.
- Pediatricians that are located around the state referred to as Regional Medical Consultants (RMCs) are available for clinical consultation for DCYF social workers for children/youth in a dependency with the state and non-dependent children where there is risk of health and/or safety in question.

- Provides educational training material to DCYF program managers such as medication management in group home/facilities that are licensed to provide care for children/youth in out-of-home placement.
- All Washington State Tribal governments have access to FWB consultation and coordination services for all children/youth in out-of-home placement.
- Reviews the Child Health and Education Tracking report (CHET) for all children/youth in out-of-home placement per DCYF's medically fragile policy and identifies medically fragile and complex children/youth and makes the necessary referrals to MCO to request care coordination services.
- Has the ability to act as the children/youth in out-of-home placements' authorized representative in the grievance process for children enrolled in MCO.
- Identifies and supports medical and safety policies for DCYF.
- Supports DCYF social workers and caregivers in navigating health care delivery systems and access to care issues.
- Provides expert program and clinical consultation for MCO care management staff and linkage to state programs such as Developmental Disabilities Administration (DDA).
- Provides expertise to MCO leadership and care management staff around Medicaid policy and rules. Also provides expert medical opinion to support continuity of medical and behavioral health care.

Care Coordination

- Assists social workers, caregivers, medical providers, behavioral health professionals, substance use disorder treatment providers, other governmental entities, and numerous other partners for children/ youth in out-of-home placement.
- Monitors, supports and promotes ongoing Early Periodic Screening Development Tracking (EPSDT) exams, medical care (routine and specialty), dental care, and behavioral health care in collaboration with caregivers and social workers.
- Develops a comprehensive health overview for children/youth to inform medical providers, social workers, and caregivers about a child/youth's overall medical and behavioral health care status. The overview includes current behavioral and/or medical health care conditions, identified gaps in care and recommendations for treatment, services/interventions, and follow-up. This includes but is not limited to EPSDT, vaccinations and routine dental care guidelines for children/youth in out-of-home placement.
- Facilitates access to a Health Home lead agency and collaborates with Care Coordinator Organizations (CCO) on Health Action Plans

- Provides age and condition-specific health education materials about topics that affect children/youth for social workers and caregivers.
- Reviews HCA's report of use of psychotropic medication in children ages 0-5; if used for mental/behavioral health, provide wrap around services for the child.

Medically Fragile Group Home oversight

- Expert consultant to the DCYF Licensing Division (LD) during their initial licensing process, comprehensive review and licensing renewal.
- Reviews documentation, policies and virtual observation of hands-on medication administration and medical care services provided by facility staff to the children/youth.
- Provides report of findings and recommendations during the review to DCYF LD to support oversight functions for the MFGH's regarding contract monitoring, license compliance, and quality improvement efforts specifically related to medically intensive wrap-around support.

Collaboration with Health Care Authority (HCA)

- Teams with HCA Clinical Quality and Care Transformation on all potential denials for any prior authorization requests. FWB facilitates a resolution process with the requesting provider to circumvent a denial of pharmacy, non-durable/durable equipment and/or services.
- Reviews all disenrollment requests from MCO for children/youth in out-of-home placement to ensure requests meet medical necessity. Provides clinical justification to support the request.
- Teams with the HCA's Foster Care and Adoption Support team (FCAS) on Apple Health (Medicaid) eligibility issues to ensure eligibility is in place and appropriate enrollment into MCO occurs.
- FWB participates in the HCA clinical utilization review team for potential denials of Medicaid services. Provides evidence-based practice and expert consultation to the HCA Utilization Review clinical team for authorization of medical equipment and other services that are not covered under Medicaid rules.

Contact FWB at 1-800-422-3263 ext. 52626/option 5, by e-mail fwb@dshs.wa.gov or by fax 360-725-2284

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